Is the Foster to Adopt Program a good fit for you?







Facts about Resource Foster and Kinship Care:

*Resource foster parents are encouraged to participate in routine meetings about their child.

*Resource foster parents are required to support a visitation plan with a child's family.

*Resource foster parents are required to complete 10 hours of annual training each year.

*A single person can become a resource foster Parent.

*Foster care is supposed to be temporary.

*Kinship care means a relative or someone the child knows can become a resource foster parent.

For more info. on foster care, visit www.dss.virginia.gov



City of Fredericksburg Resource Parent Program



Am I ready to become a Resource Foster or Adoptive Parent?



AM I READY TO BECOME A RESOURCE FOSTER ADOPTIVE OR KINSHIP PARENT?

CIRCLE "T" FOR TRUE OR "F" FOR FALSE FOR EACH OF THE STATEMENTS BELOW. THIS WILL HELP YOU DETERMINE WHETHER YOU MAY BE ELIGILE OR READY TO BECOME A FOSTER TO ADOPT PARENT.

- 1. I HAVE AN EXTRA BEDROOM IN MY HOME FOR A CHILD. T / F You must have adequate space for a child.
- 2. I AM READY TO HAVE A SAFETY INSPECTION OF MY HOME DONE NOW. T / F
 It is important that your home is safe and free of hazards. During the home study process, a checklist is completed that includes a safety inspection of your home. You must have working smoke detectors, a fire extinguisher and a first aid kit.
- 3. I AM IN GOOD PHYSICAL, EMOTIONAL AND MENTAL HEALTH. T / F
 Being a parent can be demanding. You must be healthy and emotionally stable to care for children who are in foster
 care or who are available for adoption. Part of the assessment includes verification of your physical health as well
 a check for certain communicable diseases (like a TB test).
- 4. I HAVE ADEQUATE INCOME TO MEET MY CURRENT FAMILY'S NEEDS. T / F You do not have to be rich to become a Foster/Adoptive parent; however, you must provide proof of being able to meet financial needs of your family.
- 5. I AM WILLING TO TAKE THE FOSTER PARENT TRAINING CLASSES & ASSOCIATED REQUIREMENTS. T / F

Parenting someone else's child(ren) requires additional training and licensure. 5 classroom sessions, 16 hours online training, and 3 home visits are required to be eligible for certification.

6. I AM OPEN TO LEARNING MORE WHAT TRAUMA INFORMED PARENTING MEANS. T / F

IF YOU ANSWERED "TRUE" TO ALL THE STATEMENTS, YOU ARE READY TO BEGIN THE PROCESS OF BECOMING A FOSTER/ADOPTIVE PARENT!

Fredericksburg Resource Parent Program
To learn more call 540-372-1032, ext. 241 or visit www.fredericksburgva.gov